

Abstract

Title: History and development of Tae Kwon Do.

Objectives: This work investigated the origins and development of Tae Kwon Do. The federations are International Taekwon-do Federation and World Taekwondo Federation.

Methods: For preparation of this work I have used as a method of gathering knowledge about these two federations of Czech and foreign literature.

Results: It was found that original Tae Kwon Do was founded in 1955 in Korea. The International Taekwon-do Federation (ITF) was established in 1966 and in 1973 was established the World Taekwondo Federation (WTF). In this work it was found that apart from the name and the country are two different martial arts. ITF is a tradition martial art of self-defense, founded by General Choi Hong Hi. WTF is rather a combat sport, which is part of the Olympic sports.

Keywords: korean martial art, International Taekwon-do Federation, World Taekwondo Federation, history of Tae Kwon Do.

